

Chapter 3 – Society and Everyday Life

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INTERVIEWS:

Grandparent Interview

1. What did a typical day in your life look like?

A typical day started early. I helped my parents with housework or farm work. School was simple but strict. In the evening, we spent time together as a family.

2. How did you usually spend your free time?

I played outside with friends, read books, or listened to the radio.

3. Who were the most important people in your everyday life?

My family – especially my parents and siblings.

4. How did you communicate with friends and family?

Mostly face to face. Sometimes we wrote letters.

5. What role did technology play in your daily life?

Very little. We had a radio and later a television.

6. What was school or work like for you?

School was strict. Teachers were very respected.

7. What were the main responsibilities you had?

Helping at home, taking care of younger siblings, studying.

8. What problems or worries were common in your generation?

Money problems and hard physical work.

9. What was important to you in life?

Family, respect, and honesty.

10. What did you enjoy the most about your everyday life?

Spending time with family and friends.

Parent interview

1. What did a typical day in your life look like?

I woke up early, went to school, came home in the afternoon, did my homework, and helped my parents. In the evening, I watched TV or spent time with my family.

2. How did you usually spend your free time?

I met friends outside, rode my bike, listened to music, and later I played computer games.

3. Who were the most important people in your everyday life?

My parents, my grandparents, my siblings, and my close friends.

4. How did you communicate with friends and family?

At first, face-to-face and by landline phone. Later, we used mobile phones and SMS.

5. What role did technology play in your daily life?

Technology was becoming more important. We started using computers and the internet, but we did not depend on them like today.

6. What was school like for you?

School was serious but not extremely strict. Teachers expected discipline and homework to be done.

7. What were the main responsibilities you had?

Doing homework, helping at home, and respecting family rules.

8. What problems or worries were common in your generation?

Worries about school results, future jobs, and sometimes financial problems in the family.

9. What was important to you in life?

Family, friendship, education, and having a stable future.

10. What did you enjoy the most about your everyday life? Spending time with friends outside and having real, face-to-face conversations.

Personal interview

1. What does a typical day in your life look like?
I go to school, do homework, and spend time online.

2. How do you usually spend your free time?
Using social media, playing games, watching YouTube.

3. Who are the most important people in your everyday life?
My family and friends.

4. How do you communicate with friends and family?
Social media, messages, video calls.

5. What role does technology play in your daily life?
Technology is very important. I use it for school and entertainment.

6. What is school like for you?
Modern, digital, sometimes stressful.

7. What are the main responsibilities you have?
Studying, homework, helping at home.

8. What problems or worries are common in your generation?
School pressure, social media influence.

9. What is important to you in life?
Happiness, success, relationships.

10. What do you enjoy the most about your everyday life?
Connecting with friends and learning new things.

Aspect	Grandparent's Generation	Parent's Generation	My Generation
Lifestyle	Life was simple and structured. Daily activities focused on school, work, and helping the family. Free time was limited and often spent outdoors or visiting neighbours.	A typical day started early with school, followed by homework and helping parents at home. In the evening there was time for television or spending time with family.	My daily life is centred around school, homework, and digital activities. Free time often includes online entertainment or meeting friends.
Technology	Technology played a very small role. Most families only had a radio or later a television.	Technology was becoming more important. People started using computers and the internet, but they were not as dependent on them as today.	Technology plays a central role. Smartphones, the internet, and social media are used for communication, learning, and entertainment.
Communication	Communication was mainly face-to-face or through letters.	Communication was face-to-face and by landline phone, and later through mobile phones and SMS.	Communication mostly happens through messaging apps, social media, and phone calls.
Relationships and Values	Family, respect, and responsibility were very important values.	Family, friendship, education, and having a stable future were important.	Family and friendships remain very important, along with education and personal development.

Comparison of Everyday Life Across Generations

EVALUATION & REFLECTION

What has changed the most in everyday life?

Without a doubt, technology has changed the most. Today, people use smartphones, laptops, and social media platforms such as Facebook and Instagram on a daily basis. Communication is instant, and information is available everywhere. As a result, daily routines are strongly influenced by digital devices.

What has stayed the same?

Despite technological changes, some values have remained constant. Family continues to be a central part of everyday life. Likewise, education and friendship are still important for personal development and happiness. Although society evolves, human relationships remain essential.

Which generation has the easiest or hardest life? Why?

In my parent's opinion, today's generation has easier access to education, information, and opportunities thanks to technology. However, they also face more stress, competition, and social pressure. On the other hand, life in the past was simpler and less digitally demanding, but sometimes more difficult financially. Therefore, each generation has its own advantages and challenges.

What did this project teach you?

This project helped me understand how society changes over time and how technological progress influences daily routines and relationships. Moreover, it allowed me to discover more about my parent's childhood experiences. In conclusion, I realized that although lifestyles may differ, core values such as family, friendship, and education remain important across generations.

This project was created through collaboration and teamwork. Each member contributed to the research, interviews, comparison, and final presentation.

The project team members are:

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Together, we worked to analyse how everyday life has changed across generations and to understand the role of technology, lifestyle, and values in shaping society.

